

Carroll County Mental Health Advocates is a non-profit committed to providing support services, resources, and education to individuals and families impacted by mental illness and addiction in the Carroll County community. As CMHA continues to grow we often find ourselves relying on the kindness of others to help aid us in gathering items that our clients may need. Below we have listed some of our most needed items. If you feel led to donate anything, please call us @ 770-830-2048. Monetary donations intended for these supplies are also greatly appreciated.

WISH LIST:

Personal Care Items	Hand Lotions, Face Creams
Sunscreen	Lip Balm, Lip Gloss
Nail Clippers	Mouth Wash (non-alcohol)
Hand Sanitizer	Baby Wipes
Laundry Detergent Pods	Hairbrushes, Combs
First Aid (Band-Aids', Medicated wipes)	Deodorant(men's/women's)
Duct Tape	Adult Bikes
Socks (men's/women's)	Underwear (men's/women's)
Plastic Raincoats	Slide type shoes (men's/women's)
Stocking Caps	Gloves (men's/women's)
Umbrellas	Wash Clothes, Towels
Blankets (new)	T Shirts (men's/women's)
Sweats Shirts/Pants (men's/women's)	Note Pads
Adult Coloring Books	Markers, Colored Pencils
Small Planners, Calendars	Word Searches, Puzzle Books
Flash lights (Batteries)	Backpacks or Drawstring Bags
DVD movies	Non-Perishable snacks
Microwave Meals (Breakfast, Dinner)	Canned meals with Pop Tops
Gatorade, Water, Canned Juices	

Gift Cards

Fast Food (Subway, McDonalds, Chick-Fil-A Etc.)

Laundromat

Dollar Tree

Hair Cuts, Beard Trims

Ice Cream Shop

Kroger, Publix, Walmart, Aldi etc.

Gas Cards

Carroll Connect

Phone Minutes

Movies